

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
Adult Swim 06:30-09:00		Adult Swim 06:30-09:00		Adult Swim 06:30-09:00		Adult Swim 06:30-09:00		Adult Swim 06:30-09:00		Swimming Lessons 08:00-11:00		Adult Swim 08:00-09:00			
Aqua 09:15-10:00	Lane Swimming 09:00-10:00	General Swim + Lane Swimming 09:00-19:30		Aqua 09:15-10:00	Lane Swimming 09:00-10:00	General Swim + Lane Swimming 09:00-19:00		Aqua 09:15-10:00	Lane Swimming 09:00-10:00	General Swim + Lane Swimming 10:00-16:00		General Swim 09:00-10:00	Swim Fit 09:00-10:00		
General Swim + Lane Swimming 10:00-19:00		General Swim + Lane Swimming 10:00-18:30		General Swim + Lane Swimming 10:00-18:30		General Swim + Lane Swimming 10:00-19:00		General Swim + Lane Swimming 10:00-19:00				General Swim + Lane Swimming 11:00-16:00		General Swim + Lane Swimming 10:00-16:00	
Halton Swimming Club 19:00-21:00															
Adult Swim 21:00-21:45		Adult Swim 19:30-21:30		Adult Swim 20:30-21:45		Aqua 19:15-20:00		Halton Swimming Club 19:00-21:00		Adult Swim 19:00-20:00		Halton Swimming Club 14:00-16:00			

Gym Opening Times	
Monday - Thursday	06:30-22:00
Friday	06:30-20:00
Saturday - Sunday	08:00-16:00

Small Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquababes 12:00-12:30 12:30-13:00	Aquababes 11:30-12:00	Aquababes 12:00-12:30 12:30-13:00	Splash & Play 13:30-15:30	Aquababes 12:00-12:30	Family Swim 12:00-15:00	Family Swim 10:00-14:00
				Splash and Play 13:30-15:00		

Splash and Play - babies and toddlers under the age of 5 and their parents/carers, Family Swim - all ages welcome.
 Please note: During School holidays and half-term breaks, our Splash and Play sessions will change to Family Swim sessions.
 For a full breakdown of swimming sessions, please visit www.activehalton.co.uk/swim. Please note: During main pool swimming lessons, public lane swimming may be reduced or unavailable