

Kingsway Leisure Centre Swim Timetable - Main Pool

Mon	Tue	Wed	Thu	Fri
General Swim 7:00am-9:30am	General Swim 7:00am-12:00pm	General Swim 7:00am-9:30am	General Swim 7:00am-12:00pm	General Swim 7:00am-9:30am
Aqua / Adult Swim 9:30am-10:15am		Aqua / Adult Swim 9:30am-10:15am		Aqua / Adult Swim 9:30am-10:15am
General Swim 10:15am-12:00pm		General Swim 10:15am-12:00pm		General Swim 10:15am-12:00pm
Adult Swim 12:00pm-2:00pm	Adult Swim 12:00pm-2:00pm	Adult Swim 12:00pm-2:00pm	Adult Swim 12:00pm-2:00pm	Adult Swim 12:00pm-2:00pm
General Swim 2:00pm-7:00pm	General Swim 2:00pm-7:00pm	General Swim 2:00pm-6:30pm	General Swim 2:00pm-7:00pm	General Swim 2:00pm-6:00pm
Swim Club 7:00pm-9:00pm	Adult Swim 7:00pm-10:00pm	Swim Club 6:30pm-8:30pm		Aqua / Adult Swim 7:00pm-8:00pm
Canoe Club 9:00pm-10:00pm		Ladies Only 8:30pm-10:00pm		Adult Swim 8:00pm-9:00pm

Sat	Sun
Lessons 8:00am-10:00am	
Family Swim 10:00am-1:00pm	Family Swim 9:00am-1:00pm
General Swim 1:00pm-6:00pm	General Swim 1:00pm-4:45pm
	Lessons 5:00pm-8:00pm

GYM	
Monday - Thursday	7:00am-10:00pm
Friday	7:00am-9:00pm
Saturday	8:00am-6:00pm
Sunday	9:00am-6:00pm